



Penn Station Athlete of the Month – December 2023

**Presentation Date:** Thursday, November 16, 2023 @ 2PM

**Student(s):** Lily Zimmerlin

**GPA:** 4.0

**School:**

Brookville High School  
1 Blue Pride Dr.  
Brookville, OH 45309

**Athletic Director:** Jason Stephan

**Parents:** James & Amanda Zimmerlin

**Sibling(s):** Henry, Jacob, and Noah Zimmerlin

**Favorite Penn Station Restaurant:** Englewood

**Favorite Penn Station Sandwich:** Philly Cheesesteak

**Sport(s):** Soccer, Wrestling, Cross Country

**Extracurricular Activities:** National Honor Society, Student Council, Weightlifting

**Favorite Book:** *Can't Hurt Me: Master Your Mind and Defy the Odds* by David Goggins

**Role Model:** My Parents

**Sports Hero:** Alex Glaudé & Amit Elor

**Greatest Achievement So Far:** GMVWA 1st Team All-Area 2023, US National Qualifier (Fargo)

**Plans After High School:** I plan to attend Alma College to continue my academic and wrestling career. I plan to study nutrition science.

**How has participating in high school athletics benefited you?** Wrestling provided an outlet for me to find my authentic self, as well as develop life-long relationships, inspire career aspirations, and find pride in leaving a legacy for other girls at my school.

**What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?** I practiced taekwondo as a child but couldn't compete at the time. Wrestling was an accessible opportunity to compete in a combat sport.

**Quote from Coach:** "Lily continues to push herself to do difficult things. She was a Regional Placer (5<sup>th</sup>) and named First Team All-Area GMVWA during her Junior year. She chose to wrestle year-round and became a placer at Fargo and was named an All-American this



summer. We are really looking forward to seeing all her accomplishments in our upcoming wrestling season!" – Deana Herbert, Head Girls Wrestling Coach

**Quote from Principal:** "We are incredibly proud to have Lily Zimmerlin represent Brookville High School as the Penn Station Athlete of the Month. Lily is not only an outstanding wrestler, but also an even better person and student. She excels on the mat and field as a soccer player, cross-country runner, and field commander for the marching band. Along with her success within her extra-curricular activities, Lily also maintains an outstanding academic standing here at Brookville. She is a true example of what it means to be a tremendous student-athlete." – Jason Stephan