



Penn Station Athlete of the Month – April 2024

**Presentation Date:** Monday, March 18, 2024 – 1:30pm

**Student(s):** Zhieyah Rolack (pronounced Zhi-Ee-yah)

**GPA:** 3.375

**School:**

Meadowdale High School  
3873 Cornerstone Ct.  
Dayton, OH 45416

**Athletic Director:** Victoria Jones

**Parents:** Regina Steele

**Sibling(s):** N/A

**Favorite Penn Station Restaurant:** 1159 Brown St OR 5215 N Main St

**Favorite Penn Station Sandwich:** Grilled Italian

**Sport(s):** Basketball

**Extracurricular Activities:** Cooking, Watching Movies, Solving Puzzles

**Favorite Book:** *The Outsiders* by S.E. Hinton

**Role Model:** My mother

**Sports Hero:** Russell Westbrook

**Greatest Achievement So Far:** 1,000 Point Club & being named District 15 Player of the Year.

**Plans After High School:** I plan on continuing my academic and athletic career while pursuing a degree in Manufacturing Engineering.

**How has participating in high school athletics benefited you?** High school sports have given me the skills to be a leader on and off the court, the support and tools to be engaged in my studies, and have shown me the value of being a team player.

**What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?** I needed something to do after my soccer season was finished. My parents introduced me to basketball, and I fell in love with the game.

**Quote from Coach:** “Zhieyah is one of the best athletes I have ever coached. She has a great personality, is a hard worker, and loves being in the gym, working on her skills and helping other players get better.” – Chad Miller – Head Basketball Coach



**Quote from Principals:** “Zhieyah’s dedication on and off the court embodies the true spirit of a Mighty Lion student-athlete. Keeps reaching for new heights, both in sports and in life.” – Eddie Davis – Meadowdale Career Technology Center

“Zhieyah is undoubtedly the hardest working student-athlete I know.” – Katy Jo Bull – DECA High School